

MOVE YOURSELF DANCE SCHEDULE 2011/2012 SEASON - SUNDRE STUDIO

Monday Angela & Heidi & Wendy	Tuesday Tana	Wednesday Alana & Christine	Thursday Tana	Friday TBA
9:30-10:30 am Adult Zumba 6 week Session (Angela)				
1:00-1:30 First Steps Music & Movement (age 3-4) 8 week Session 1:30-2:00 First Steps Music & Movement (age 3-4) 8 week Session (Heidi)	12:30-1:30 Adult Zumba 12 week Session 1:30-2:30 Adult Yoga 12 week Session			
2:00-2:30 Dance Dream & Discover (age 4-5) (Heidi)	2:30-3:20 Adult Tap 12 week Session			
3:15-3:45 Dance Dream & Discover (age 4-5) 3:45-4:15 Tipity Tapity Toes (age 5-6) (Heidi)	3:20-4:15 Open Level Hip Hop (age 10-14)	3:30-4:15 Intermediate Tap (Alana)	3:30-4:30 Junior Hip Hop Level 2	3:30-4:15 Beginner Jazz (age 6-8)
4:15-5:00 Junior Tap Level 1 (Wendy)	4:30-5:30 Advanced Hip Hop	4:15-5:15 Junior Ballet Level 1/2 (Christine)	4:30-5:30 Intermediate Jazz Level 2	4:15-5:00 Beginner Hip Hop (age 6-7)
5:00-6:00 Junior Tap Level 2 (Wendy)	5:30-6:30 Contemporary Level 2	5:15-6:00 Beginner Ballet (Christine)	5:30-6:30 Open Level Contemporary	5:00-5:45 Beginner Hip Hop (age 7-9)
6:00-7:00 Junior Jazz Level 2 (Wendy)	6:30-7:30 Advanced Tap	6:00-7:00 Intermediate Ballet Level 2 (Christine)	6:45-7:45 Advanced Lyrical	5:45-6:45 Open Level Hip Hop (age 10-13)
		7:00-7:30 Pre-Pointe / Pointe (Christine)	7:45-9:00 Advanced Jazz	6:45-7:45 Boys Hip Hop (age 9-13) 12-week Sessional