



DANCE INVASION Festival Information Package

April 15th to 18th, 2026

Location: Rockpointe Church, 255024 Lochend Road, Calgary, AB

Please review this package carefully to ensure a smooth and enjoyable festival experience for all dancers and families.

About the Festival

Dance Invasion is part of the Fabulous Feet Productions series of competitions and festivals. Fabulous Feet has been hosting dance festivals in Alberta and Saskatchewan for over 26 years. This festival is dedicated to creating a positive and enjoyable experience for studios, teachers, dancers, and parents.

Awards/Medals:

80-82 SILVER
83-84 HIGH SILVER
85-89 GOLD
90-92 HIGH GOLD
93-95.9 PLATINUM
96 and up ELITE

- Medals are awarded to all participants.
- Additional awards include **Most Outstanding, Most Promising & Outstanding Choreography**
- Special awards may be presented at the adjudicator's discretion for routines that demonstrate exceptional **quality**.

Adjudication:

Performances are evaluated by experienced adjudicators based on dance curriculum, technique, and artistry.

Festival Rules & Expectations

1. **Arrival & Check-in**
 - o Dancers must arrive **1.5 hours before** their scheduled performance.
 - o Report directly to the **warm-up area** with your class and instructors.
 - o Avoid wandering or entering the theatre before your performance.
2. **Dressing Room Etiquette**
 - o Arrive with hair and makeup **already done** due to limited dressing room space.
 - o Parents and dancers are responsible for all **costumes and accessories**.
 - o Do **not** eat in costumes and keep them neatly hung.
3. **Dress Code & Cover-ups**
 - o Cover-ups must be worn outside the dressing room to protect costumes.
 - o MYD clothing is recommended for showing studio support.
4. **Awards & Attendance**
 - o Dancers should stay for **award presentations** to support their peers.
 - o Watching other performances is encouraged but not mandatory.
5. **Nutrition & Hydration**
 - o Eat **healthy foods** such as proteins and complex carbohydrates.
 - o Avoid sugary and junk food to maintain energy levels.
6. **Responsibility & Independence**
 - o Teachers will be busy, so dancers must be responsible for their own warm-ups and rehearsals.
 - o Do **not** wander outside designated areas.

Backstage & Theatre Policies

- **Backstage Access:** Dancers may enter **two routines before** their performance and must exit immediately after. **No parents backstage.**
- **Photography & Videography:** Strictly prohibited. Violators risk **disqualification**.
- **Tap Shoes:** Only allowed backstage—not in hallways or warm-up areas.
- **Valuables:** Avoid bringing valuable items as the festival is **not responsible** for lost or stolen property.

Code of Conduct

1. Dancers must conduct themselves **professionally** and treat others with **respect**.
2. Negative comments about other dancers, studios, costumes, or adjudicators are **not tolerated**.
3. Treat parents, teachers, and fellow dancers with **kindness and appreciation**.
4. Encourage and support each other—**we are all part of the same team**.

Note: Unsportsmanlike conduct may result in disqualification.

Costume, Hair & Makeup Guidelines

1. **Makeup**
 - o Foundation matching skin tone, set with powder.
 - o Brown-toned eyeshadow, black eyeliner, and mascara.
 - o Deep plum-burgundy lipstick (no red or pink tones).
2. **Hair:**
 - o **Acro, Ballet, Lyrical & Contemporary:** Middle Part Slicked Back into a Low Bun
 - o **Tap & Jazz:** Middle Part Slicked Back into a Low Ponytail
 - o **Hip Hop:** Middle Part Slicked Back into Low Pigtails.
 - o Use hairspray to secure hair and avoid loose strands.
3. **Accessories**
 - o No **nail polish or jewelry**.
 - o Proper **undergarments** must be worn.
 - o Pack extra **tights** to avoid issues with rips or holes.

Festival Checklist

Makeup Bag:

- Makeup remover & nail polish remover
- Foundation, blush, eyeshadow (browns/white), eyeliner, mascara
- Eyelashes & glue (optional), lipstick, lip liner
- Brushes & applicators
- Hair supplies (hairspray, gel, brush, comb, elastics, pins, hairnet)
- Small sewing kit, safety pins, band-aids, deodorant

Dance Bag:

- All dance shoes
- Tights (plus extra pairs)
- Socks (if required)
- Appropriate **undergarments**
- Water bottle & healthy snacks
- Quiet activities for downtime
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Final Reminder

This festival is an opportunity to **showcase talent, build confidence, and create lasting memories**. Let's work together to make it a **positive and rewarding** experience for everyone!