

# Move Yourself

## Dance

APRIL  
2026  
NEWSLETTER



## April Message From Move Yourself

### April is Here – And So Is Our Busiest Season!

Spring may (or may not) be in the air, but one thing is for sure—this is our most exciting time of the year! We hope all our dance families are enjoying the energy and excitement as we head into the final stretch of the season.

The countdown is officially on for our **Year-End Showcase!** If you haven't grabbed your tickets yet, they're still available for **\$25 each**. There are seats remaining for both performances, so invite your friends, family, and any dance enthusiasts to witness the incredible work our dancers have put into this show! If you need more tickets email Christine at [office@moveyourselfdance.com](mailto:office@moveyourselfdance.com).

Right now, we're in the heart of **dance festival season**, and we couldn't be prouder of our dancers for their amazing performances. With two more festivals coming up, we're looking forward to seeing their hard work continue to shine.

At this stage of the season, consistent class attendance is crucial to ensure everyone feels confident and prepared for upcoming performances. Please make every effort to attend class and let us know if you have any scheduling conflicts.

As always, feel free to reach out via email if you have any questions—we're happy to help!

### In This Issue:

Picture Day Update	2
Important Dates	2
Festival Review	2
Year End Showcase Review	2



### Contact Us:

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[www.moveyourselfdance.com](http://www.moveyourselfdance.com)

MOVE YOURSELF  
Dance  
LTD.

## Picture Day Update

The Official Move Yourself Picture Day Photos will be distributed late this month in class. However you will only receive photos if you filled out an order form and prepaid on Picture Day. You are still able to contact Heidi directly to order photos. If you would like to order photos but have not done so already, please contact Heidi @ 403-507-6590 or email [heidi@moveyourselfdance.com](mailto:heidi@moveyourselfdance.com).

## Important Dates To Remember

The Following Dates Should be Marked in Your Calendars For the Second Part of the Season:

- [Dance Invasion Festival](#)  
April 16th-18th (Bears paw)
- [Nova Festival](#)  
May 1st-3rd (Olds)
- [MYD Showcase](#)  
May 8th & 9th

## Move Yourself Dance Festival Review

Our dancers have been doing awesome at our first 3 festivals. Each dancer has positively represented our studio and we are so proud of each and everyone of them! Please check out our Facebook Page or Instagram, for results and photos from the festivals! Congratulations Everyone on a job well done! Here are a few of our Top Overall Results at Galaxy Festival, and Diamond & Dance Festival.

### Galaxy Festival

- SUNDRE Advance Tap - Choreography Award
- Annalea Long - Most Promising Solo/Duet
- SUNDRE Novice/Inter Contemporary - Outstanding Group 13 & Under
- OLDS Advance Contemporary - Outstanding Group 15-17
- Reese & Rowyn - Outstanding Solo/Duet
- Abby DeWitt - Most Promising Solo/Duet
- Sadie Fricker - Most Promising Solo/Duet
- SUNDRE Intermediate Hip Hop - Most Promising Hip Hop Group

- OLDS Intermediate Jazz - Most Promising Jazz Group
- Reese Thiessen - Highest Studio Mark with a Diamond for her Hip Hop Solo

### Diamond & Dance Festival

- Hailey Flowerday - Most Outstanding Solo (15 & Over)
- SUNDRE Junior I Hip Hop - Choreography Award
- SUNDRE Junior Jazz - Adjudicator's Choice Award
- OLDS Novice Jazz - Most Promising Group Award
- SUNDRE Advance Tap - Most Outstanding Group Award
- OLDS Intermediate Jazz - Most Promising Award
- SUNDRE Junior II Hip Hop - Choreography Award
- SUNDRE Novice/Intermediate Contemporary - Adjudicator's Choice Award
- Emma Anderson - Most Promising Solo Award
- Reese Thiessen - Most Outstanding (13-15yrs)
- Halle Leasak - Most Outstanding Solo (16-17yrs)
- SUNDRE Intermediate Hip Hop - Most Promising Group Award
- OLDS Junior Jazz - On-stage Group Award
- Rowyn & Kinley - Most Promising Duet (13-15yrs)
- Abby & Halle - Most Outstanding Duet (16-17yrs)

### Dance Invasion Festival

- Lauren, Lizzie & Emelia - Most Promising Award
- Line - Most Promising & Choreography Award
- Rowyn & Kinley - Most Promising Award
- Abby & Halle - Most Outstanding Award
- SUNDRE Novice/Intermediate Contemporary - Most Outstanding Award
- Halle Leasak - Most Outstanding Solo & Highest Solo Score
- Payzlie Lee - Most Outstanding Award
- OLDS Novice/Intermediate Lyrical - Choreography Award
- SUNDRE Beginner Hip Hop - Most Promising Award
- Reese Thiessen - Most Promising Award
- SUNDRE Advance Tap - Most Promising & 2nd Place Inter 2 Groups
- OLDS Intermediate Ballet - Most Outstanding Award
- SUNDRE Beginner Tap - Most Outstanding & 2nd Place Novice Groups
- OLDS Beginner/Junior Tap - Most Promising & 3rd Place Novice Groups
- Miss. Heidi - Ariel Acrobatics Award

# Showcase 2026

Tickets for **Both** Weekend Showcase Performances can be purchased for \$25 each on a first come first serve basis. Please email [office@moveyourselfdance.com](mailto:office@moveyourselfdance.com) if you are still needing tickets.

Dress Rehearsal will be held Friday, May 8th and attendance is **Mandatory** for all dancers performing in the year-end showcase.

Dress Rehearsal - May 8th @ 4pm

This rehearsal is very important for dancers to practice their routine on the stage before the Official performances. Performers get familiar with the stage as well as back stage layout and allow lighting and sound to be set during this time Our Year End Showcase in Olds, Alberta at the Fine Arts Centre this May.

• **OLDS MYD Showcase - Saturday May 9 @ 12 pm**

• **SUNDRE MYD Showcase Saturday, May 9 @ 5 pm**

*Parents, Please keep in mind that although volunteering is not required with our studio we do ask parents to plan to volunteer at showcase time. If your dancer is in the Olds Showcase we would ask that you volunteer for the Sundre Showcase, while if you dancer is in the Sundre Showcase, we ask that you plan to volunteer to help with the Olds showcase Showcase.*

*-Thank you!*