

Move Yourself Dance

FEBRUARY
2026
NEWSLETTER



February Message From Move Yourself Dance

February is here, and it's a wonderful time to celebrate the passion and dedication that make our dance community so special! We are incredibly thankful for the commitment and encouragement we see each week, from dancers giving their best effort in class to families supporting them every step of the way. Your enthusiasm truly makes our studio feel like home.

If you're active on social media, we invite you to follow and engage with us on Facebook and Instagram. These pages are the best place to find behind-the-scenes moments from both locations.

This month, we are also hoping to grow our online presence through positive feedback. Anyone who leaves a review on our Facebook page during the month of February will be entered into a draw to win **FREE MYD Socks**. We are so appreciative of your time and kind words, they mean more to us than you know.

As a reminder, there will be **no classes during Family Day Week, February 16–19**, unless you have received an email regarding a scheduled makeup class.

Wishing everyone a fantastic February! Thank you for continuing to be such an important part of the MYD dance family. 💕

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MOVE YOURSELF
Dance LTD.

Picture Day 2026

Students and parents are reminded to mark down the official date of Picture Day in their calendars. The exact Schedule was sent out this past week. Here is a link to the information on our website :

<https://www.moveyourselfdance.com/picture-day/>

Olds & Sundre Studio Picture Day will take place at the Sundre Community Center on Sunday March 15th for **SUNDRE & OLDS STUDIOS - 11:00AM to 3:00PM**

Important Dates To Remember

The Following Dates Should be Marked in Your Calendars For the Second Part of the Season:

- [Family Day Holiday \(No Classes\)](#) February 16th to 19th
- [Parent Viewing - February 23rd to 26th](#)
- [Picture Day - SUNDRE & OLDS Studio](#) Sunday, March 15th
- [Spring Break \(No Classes\)](#) April 20th to 23rd

Festivals 2025

Galaxy Festival – Brooks, AB
Friday, March 27 – Sunday, March 29

Diamond & Dance – Olds, AB
Friday, April 10th - Sunday, April 12th

Dance Invasion – Bearspaw, AB
Wednesday, April 15th – Saturday, April 18th

Nova 1 – Olds, AB
Friday, May 1st – Sunday, May 3rd

Please Remember To Remind Us About Absences

Students and parents are reminded to email the office@moveyourselfdance.com email address if a student is unable to attend their regularly scheduled classes. By informing the instructor of a planned absence, we all ensure the lines of communication remain open and instructors do not have to worry about what happened to a student.

Showcase & Dress Rehearsal 2026

Tickets for **Both** Weekend Showcase Performances can be purchased at Picture Day for \$25 each on a first come first serve basis.

Dress Rehearsal will be held Friday, May 9th and attendance is **Mandatory** for all dancers performing in the year-end showcase.

- [Dress Rehearsal \(SUNDRE & OLDS - Mandatory\)](#) Friday, May 9 Starting @ 4 PM

This rehearsal is very important for dancers to practice their routine on the stage before the Official performances. Performers get familiar with the stage as well as back stage layout and allow lighting and sound to be set during this time Our Year End Showcase in Olds, Alberta at the Fine Arts Centre this May.

[Schedule For Year End Showcase](#)

- **OLDS MYD Showcase - Saturday** May 9 @ 12 pm
- **SUNDRE MYD Showcase Saturday,** May 9 @ 5 pm

Parents, Please keep in mind that although volunteering is not required with our studio we do ask parents to plan to volunteer at showcase time. If your dancer is in the Olds Showcase we would ask that you volunteer for the Sundre Showcase, while if your dancer is in the Sundre Showcase, we ask that you plan to volunteer to help with the Olds showcase Showcase. Thank you!

Festival & Costume Fees

Please note that any unpaid Festival or Costume Fees are incurring **\$15 late fee per month** until they are paid in full.

Additionally, families with outstanding fees will not be able to participate in performances until their accounts are up to date.

Thank you for your prompt attention to this matter. We appreciate your cooperation in ensuring a smooth and enjoyable experience for everyone!

